

Cheshire Branch

Newsletter



We wish you a peaceful Christmas with your family and friends.

Best wishes from the Committee

 @MNDCheshire
 MNDCheshire
 [justgiving.com/MNDCheshire](https://www.justgiving.com/MNDCheshire)
 mndcheshire.org

FOLLOW US ON

DONATE WITH



FUNDRAISING NEWS

Muddy challenge to remember kind-hearted dad and 'Gramps'

by Sarah Walker

A proud son got together a team of friends to complete a Tough Mudder challenge in memory of his dad - 'the kindest man you could meet'.



Jeremy Hoare from Levenshulme and nine mates he grew up with took on the challenge in the grounds of Chomondeley Castle. He deliberately chose something where the gang would be outside their comfort zone, as a 'fitting tribute' to dad, Mike, who always cheered the loudest for the underdog.

Jeremy was inspired to do something to raise funds for the Cheshire branch of the Motor Neurone Disease Association to acknowledge the support they gave the family through Mike's battle with the condition.

Mike, from Wilmslow, had been living with symptoms for several months without a diagnosis, with MND finally confirmed the day after Jeremy and his wife Kate found out they were expecting their son Alf, now aged 18 months. In a cruel twist, doctors also diagnosed Mike with frontal temporal dementia.

The arrival of Alf had been a great source of hope and pride throughout an incredibly difficult time.

"Dad was so looking forward to being a grandad and insisted on being called Gramps. He even managed to take Alf to his first football match. Nothing could have made him more proud," said Jeremy.

Mike died in October last year aged 70, after a courageous battle.

The team's Tough Mudder challenge raised an incredible £4,900 to support the branch's work for others facing the condition in Cheshire, with some of the funds also going to research.



Pictured: Jeremy with his son, Alf, and dad Mike (Gramps) at Alfe's first football match.



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

Sue's Morcambe Bay walk raises £200

by Sarah Walker

A keen golfer who used her year as Lady Captain to raise an incredible £7,100 for the MND Association boosted her fundraising even further by completing an iconic walk across Morecambe Bay.



Sue Yates completed the eight-mile walk from Arnside to Kent's Bank, raising a brilliant £200 for the Cheshire branch. She was one of around 200 people walking for MND, in a group of about 600 walkers led by Cedric Robinson MBE, the Queen's Guide to the Sands.

"The line of people walking with their dogs and children for all the different charities was a sight to behold. The water at some points was only ankle deep and surprisingly warm, but then we got to water that was knee high and this is where we met strong under currents.

"I thoroughly enjoyed the walk and am so pleased to have raised further funds for MND Cheshire branch. It was a day I will not forget and a most enjoyable experience," said Sue.

Supporters come together to fight back

by Sarah Walker

Supporters came together in Northwich for a sponsored walk organised as part of the national Walk to D'Feet programme.

The local event took place at Marbury Park and welcomed around 30 people, all of whom had been touched by the incurable condition in some way. In total, they raised an incredible £1,200 in sponsorship to support the work of the MND Association in Cheshire.

Leonie Steventon, who volunteered to organise the event said: *"It was a very emotional occasion, with those who took part keen to show solidarity with the cause.*



"This was the first Walk to D'Feet organised in the area and we'd like to say a big thank you to everyone who took part and those who sponsored the walk to generously."



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

'Bake It' coffee morning success

by Sarah Walker

A coffee morning and bake sale featuring an array of mouth-watering cake creations raised an incredible £1,500 to support the MND Association.

Anastasia Kelly organised the event at her home near Congleton, after hearing of the support the branch had provided to her friend Michael Lowe and his family following his diagnosis of MND.



The event also featured a raffle organised by two of Michael's other friends, Andy Westrup and Nicola Shallcross, who sourced a host of top prizes from local businesses, helping to raise the impressive total.

"Aside from raising money, this did such a lot to remind me that everyone was rooting for my wellbeing. And it was lovely to raise awareness of a disease for which the majority at the coffee morning - including myself before diagnosis - had little knowledge of," said Michael.

Michael is now looking ahead to marrying his fiancée Joanne in December, with the couple kindly asking for donations to the MND Association in lieu of presents.

We wish them all the very best for their special day and thank them for their wonderful support!

Glittering charity ball

by Sarah Walker

Events guru, Lesley Loughridge, organised a night of fine food and fantastic entertainment at The Mere Golf Club in aid of the Motor Neurone Disease Association and the NSPCC.

The evening was inspired by the support Lesley's family received when her husband was diagnosed with MND, at the age of just 39.

"I have always supported the NSPCC, but this time I also wanted to do something for the MND who were so helpful when Mark was ill. This is my contribution to say thank you for the wonderful support they provided."

"The ball went spectacularly well. Everyone had a great time and we raised around £15,00, which is fantastic!" said Lesley.



Pictured: Lesley at the start of a wonderful evening



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

COMMITTEE NEWS

Afternoon tea at Arley Gardens

by Joel Millett

Ask any gardener to name a world-famous herbaceous border, and 9 times out of 10, the answer will be "Arley".



Pictured: Members enjoy a relaxing afternoon at Arley Gardens by kind invitation of Lord and Lady Ashbrook.

Amongst the finest in Europe, the gardens at Arley have been created by successive generations of the same family over the last 250 years.

They offer an unusual blend of long history and traditional design, with inspired modern ideas and additions.

The result is a garden rich in atmosphere, interest and vitality.

By kind invitation of Lord Ashbrook, patron of MNDA Cheshire) and Lady Ashbrook, members of the branch were given a guided tour - followed by a full afternoon tea.

A big thank you to Lord and Lady Ashbrook for their generosity and hospitality. An unforgettable afternoon was had by all and, yes, the autumn sun shone!

Carers lunch

by John Kinder

Dianne and John hosted a Carers Lunch at the Yellow Broom on 24 October.

This was the third carers lunch of the year. It was a well-attended event at the new venue. The food was excellent, with a wide menu to choose from and everyone seemed to enjoy the afternoon.



Pictured: Carers enjoy a delicious lunch at the Yellow Broom



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

Committee changes

Since our last newsletter, there have been a couple of changes to the committee, which we would like to update you on.

Firstly, we are delighted to announce that Michael Coleman has come our Vice Chair. Involved with the branch since his wife's diagnosis eight years ago, Mike recently qualified as an Association Visitor and has now also taken on the role of Vice Chair.



And secondly, our fundraising co-ordinator Leonie has decided to step down from the role. During her time with the committee, Leonie organised many successful fundraising events - most recently the first Walk to d'Feet in the Northwich area. We would like to say a very big thank you to Leonie for all her wonderful efforts and wish her all the best - particularly the arrival of a new grandchild!

ASSOCIATION NEWS

North West Forum by John Kinder

Dianne and John Kinder attended the North West Forum at The Lord Daresbury on 6 October 2018.

Branches and Groups gave an update on what they had been doing since the last meeting in March and this was followed by an update on local action plans and regional development given by Chris Bennett, Regional Delivery Manager for the West Region. This included the integration of neurology nursing, a new neuro drop in centre in Barrow in Furness, the development of new facilities at both Stoke and Crewe and the work of Multi-Disciplinary Teams (MDT's).

Of particular interest was the presentation given by Julie Compton, Campaigns Manager North about the campaign 'Scrap 6 months' aimed at reversing the exclusion from the Special Rules within the benefits system for people with complex and unpredictable terminable conditions. This is a call from both the MND Association and Marie Curie to Government to support a change in law defining terminal illness. We were all encouraged to lobby out MP's together with all our members and use the 'Scrap 6 Months' urgent call for action leaflets.

Sally Light Chief Executive and Richard Coleman Chair of Trustees discussed the scope of the upcoming CEO's appeal. Finally, we were introduced to Suzanne Simpson, MND Psychological Well-Being and Social Support Advisor - a new appointment - who is based at the Walton Centre but fully intends to visit all the support groups in order to determine what support is available and where she can be of assistance.

Note: Full details of the CEO's appeal have since been published and the Cheshire branch has agreed to contribute across three key areas: Local MND care centres/networks, support grants and non-clinical research fellowships.



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

FINANCIAL STUFF

Summarised Accounts as at 30 September 2018			
Income		Expenditure	
Item	Year to Date	Item	Year to Date
General Donations	720	Financial Support	14569
Restricted Donation	13613	National Office	0
In Memoriam Donations	3632	Info & Education	1249
Corporate Donations	0	Admin Cost	735
Fund Raising	10692	Publicity and Fundraising	655
Resale of Goods	2105	Purchase of goods for resale	0
Sundry – Just Giving	222	CEO Appeal & MMU Research	0
Bank Interest	287	Total Expenditure	17208
Gift Aid	2290	Surplus for the year to date	16353
Total Income	33561	Total	33561

Notable donations and fundraising events to 30 December 2018:

- National Citizens Service
- Heyrose Golf Club
- Lesley Loughridge - Jazz Ball

DIARY DATES

7 January @ 2.30pm

4 February @ 2.30pm

4 March @ 2.30pm

15 March

1 April @ 2.30pm

3 April @ 12 for 12.30pm

15 April

Support meeting

Support meeting

Support meeting

Wellbeing day

Support meeting

Carers lunch

Wellbeing day

Rowton Hall, Chester, CH3 6AD

Wilmslow Garden Centre, SK9 2JN

Abbeywood Garden Centre, CW8 2HW

East Cheshire Hospice, Macclesfield

Rowton Hall, Chester, CH3 6AD

Carers lunch, Alderley Edge Hotel, SK9 7BJ

East Cheshire Hospice, Macclesfield



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

Useful Contacts

MND Connect offers support, information and advice to people living with MND, health and social care professionals, staff and volunteers.

mndconnect
0808 8026262
mndconnect@mndassociation.org

Paula Sutton is the Association's **Regional Care Development Adviser** and has detailed knowledge of the care and management of MND. She can be contacted on **07872 161024** or paula.sutton@mndassociation.org

Branch Contacts

Chair	Joel Millett	01625 525409	joel@mndcheshire.org
Vice Chair	Mike Coleman	07895 684529	mikec.mndcheshire@gmail.com
Secretary	Clare Ward	01565 653475	clare@mndcheshire.org
Treasurer	John Kinder	01260 291232	john@mndcheshire.org
Branch Contact	Dianne Kinder	07929 732958	dianne@mndcheshire.org
Publicity Officer	Sarah Walker	07970 216057	sarah@mndcheshire.org
Committee member	Hazel Francis	01270 626222	hazel@mndcheshire.org
Newsletter Editor	Emma Edwards	07772 324332	emma@mndcheshire.org
Fundraising	Position vacant		
Campaigns	Richard Webb	07476 961260	richard.a.webb@outlook.com
Web manager	Becca Jackson	07498294229	rebeccajackson139@hotmail.com

Association Visitors

Mike Coleman	07895 684529	mikec.mndcheshire@gmail.com
Charlotte Harris	07841905470	charlotte_harris@live.co.uk
Joel Millett	01625 525409	joel@mndcheshire.org

GET IN TOUCH

As always, please do contact the committee if you have any news or events you would like to see featured in the newsletter and promoted through our social media channels.

Don't forget, this newsletter is also available by email by contacting emma@mndcheshire.org.

If you no longer wish to receive information from us, please contact emma@mndcheshire.org or one of the committee listed above.

Printed by The NeuroMuscular Centre, Woodford Lane West, Winsford, CW7 4EH Tel: 01606 863464 www.nmcentre.com

This newsletter is funded by Hal Bailey In Memorium.



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.