

Cheshire Branch

Newsletter



We hope you enjoy this Christmas card design by Macy Burrow, aged 8, who said:

“It was great fun making the cards for the MND Association. I wanted my card to be colourful and bright, as Christmas is a time of happiness and joy.”

Best wishes and Merry Christmas, from the Committee



FUNDRAISING NEWS

Mission 5000 challenge



Family takes on Mission 5000 challenge and raises £645 for the Cheshire MND branch.

The 10 strong team of family members - of all ages - cycled, walked, ran and scooted their way to 1,126 miles.

“We wanted to take part in this fundraising challenge as my mum, Joan, was diagnosed with MND in May last year. She and my dad, Allan, have been very well supported by the branch and we are extremely grateful. We hope the donation can be put to good use, which we know it will,” said Clare Parsons.

The Cheshire branch committee would like to thank Clare and her family for their wonderful fundraising support.

Pictured: Joan clocked up the miles on her scooter

Sponsored bike ride

Three cyclists, 3 days and 300 miles covered!

John Azouz, Mathew Winward and Eifion Redmond completed a sponsored bike ride and raised over £5,000.

John is all too aware of the support the Association and the local Cheshire branch give to his mum Vivienne, who is living with MND. And Vivienne is extremely proud of them all for raising awareness and funds.

Originally planned to coincide with the Liverpool vs Brighton Hove Albion football fixture, the bike ride had to be postponed due to COVID restrictions. Undeterred, the team rescheduled when it was possible and smashed this testing challenge; at times cycling at 2,200 ft above sea level and burning over 7,000 calories a day.

John, Viv and the team would like to thank everyone who sponsored them and in particular Andrew Devine, their mechanic, chef, hotel porter and support vehicle driver.



Team MND



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.



Conquering Snowdon

Two young friends make it to the summit and raise £1,100.

Austin and Jack - both aged 10 - successfully walked up Snowdon to raise awareness of MND. They decided to take on the challenge after Austin's nanny, Paula, was diagnosed five years ago.

Pictured: The boys taking a well-earned rest

Taking to the sky

By Nicola Gough

Thank you to everyone who has supported our virtual balloon race. All funds raised will go towards supporting the Liverpool Research Project.

Our magic fundraising target was £1,000 which Barclays bank has kindly agreed to match. I'm delighted to report that we have so far raised £1,050.



The race itself will take place between 5 -12 December and the first three balloons to cross the finish line will receive gift vouchers. So, keep checking your balloon's progress!

VIRTUAL DIARY DATES

4 January @ 2.30pm Support meeting

Via Zoom: Contact Dianne Kinder for details

1 February @ 2.30pm Support meeting

Via Zoom: Contact Dianne Kinder for details

1 March @ 2.30pm Support meeting

Via Zoom: Contact Dianne Kinder for details



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Useful Contacts

MND Connect offers support, information and advice to people living with MND, health and social care professionals, staff and volunteers.

mndconnect
0808 8026262
mndconnect@mndassociation.org

Branch Contacts

Chair	Mike Coleman	07895 684529	mikec.mndcheshire@gmail.com
Vice Chair	Richard Webb	07476 961260	richard.a.webb@outlook.com
Secretary	Nicola Gough	07895 540770	nicolagough@virginmedia.com
Treasurer	John Kinder	01260 291232	johnmkinder@outlook.com
Branch Contact	Dianne Kinder	07929 732958	ditrunky@icloud.com
Publicity Officer	Sarah Walker	[N/A]	[On maternity leave]
Committee member	Hazel Francis	01270 626222	hazel@mndcheshire.org
Newsletter Editor	Emma Edwards	07772 324332	emmaedwards500@btinternet.com
Fundraising	Nicola Gough	07895 540770	nicolagough@virginmedia.com
Campaigns	Richard Webb	07476 961260	richard.a.webb@outlook.com
Web manager	Becca Jackson	07498294229	rebecca.jackson139@hotmail.com
AV Co-ordinator	Joel Millett	01625 525409	joel@mndcheshire.org

Association Visitors

Mike Coleman	07895 684529	mikec.mndcheshire@gmail.com
Nicola Gough	07895 540770	nicolagough@virginmedia.com
Ros Graba	07895840889	ros@mndcheshire.org
Charlotte Harris	07841905470	charlotte_harris@live.co.uk
Joel Millett	01625 525409	joel@mndcheshire.org

This newsletter was published by the Cheshire branch of the MND Association. If you no longer wish to receive information from us, please contact emmaedwards500@btinternet.com or a member of the committee listed.

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